Dr Elizabeth Hughes, Ph.D.
Research fellow for eating disorders, The University of Melbourne and Royal Children’s Hospital, Melbourne

Dr Elizabeth Hughes is a research fellow for eating disorders at The University of Melbourne and Royal Children’s Hospital (RCH), Melbourne.

Since 2010, Dr Hughes has co-ordinated the RCH Eating Disorders Research Program, including a large clinical trial of family-based treatment for adolescents with anorexia nervosa.

Dr Hughes received her PhD in Psychology from Monash University and holds honorary research fellow positions with the Murdoch Children’s Research Institute and the School of Psychological Sciences at Monash University.

Dr Hughes’s research focuses on the development and implementation of treatments for eating disorders during adolescence, particularly family-based treatment for anorexia nervosa. Her research interests also include psychiatric comorbidity in eating disorders, emotion regulation and family systems.

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To coordinate an interview with Dr Elizabeth Hughes, please contact Kirsten Bruce, Mark Henderson or Claire Wright from VIVA! Communications on 0401 717 566 / 0431 465 004 / 0467 415 617.